SATURDAY CLUB SOCIAL SKILLS SESSIONS

GTCASA Saturday Club Term 4—Juniors aged 5-6 years

What's the Buzz? For Early Learners

"What's the Buzz? A social skills enrichment programme for primary students",

Released in 2011, this quickly found its way into dozens of countries and hundreds of schools and organisations. This 16 lesson highly structured, role-play and play-based program was designed to teach children how to think socially and make friendship work. It connects young people and offers them the skills to belong. To meet the needs of our students, Mark and his daughter Noni will be presenting only 4 of the 16 lessons in the program and students are recommended to attend all four to gain maximum benefit.

Presenters:
Mark is the co-author of 'What's the Buzz?' a social and emotional literacy program for children and teens now in 60 countries and about to be released throughout China. He is a mentor to children and a coach to parents.

Noni le Mesurier was adopted from South Korea at 5 months into the love of her new family - Mark Le Mesurier, Sharon Palm and her older adopted sister. She attended the University of Adelaide and completed a Bachelor of Social Sciences throughout her 6 years at University, and mentored and tutored primary and secondary students with a variety of learning and emotional needs. Noni is currently completing a degree in Counselling as a part time student.

At the start of 2013, she took the steps to begin working alongside her Father and develop her own practice, mentoring and coaching primary and secondary students. Presently, she has 30 regular students seen on an individual basis for a variety of support, and also facilitates 3 'What's the Buzz?' social skills and friendship training groups weekly, for students, especially young teens. Together with co-facilitating with Mark in his 5 'Buzz' groups each week.

Why teach social and emotional literacy to children?
Collective research confirms that without explicitly teaching children how to successfully connect we run the risk of some becoming discouraged, or worse. Sadly, when young human beings can't find a way to belong to peers a 'faulty logic' clicks in allowing them to believe that what they're doing is working, even though it is not – their thinking becomes stuck! Teaching social and emotional literacy with the same commitment and vigour we've traditionally taught academic skills increases a young person's confidence and competence to get along with others and embrace life.

- Winning and losing - 'gracefully'
- Fact or opinion: staying friendly over different ideas
- Building healthy bodies, happy minds and steady feelings
- Worry – knowing about it, and dealing with it

Ages: 5-6 years old (but open to others close to this interested in the topic)
Dates: 29th Oct, 12th and 26th Nov and 10th Dec
Time: 2pm—3pm (please note only one hour sessions)
Location: Glenunga International High School, 99 L’Estrange St, Glenunga, SA 5064
Cost: GTCASA members $20 per session; non members $25 or Enrol in all four sessions $65 members / $85 for non members
Payment: EFT, cheque or money order in advance to confirm places. Details about how to pay are on the website.
How to book: Register online at www.gtcasa.asn.au
What if we can't make a session: Students are strongly encouraged to attend all four sessions to gain maximum benefit.