

Name: _____



Blessed

Step 1: Watch “My Journey with God Continues” video.

Step 2: Complete the following activity by answering True or False to each statement.

Step 3: Together complete the prayer on the back.

_____ Baptism is the beginning of our new life in Jesus.

_____ We should celebrate the day we were baptized.

_____ Sin has no effect on our relationship with God.

_____ Reconciliation is a one time gift. We should only go once in our life.

_____ Receiving Jesus in the Eucharist is one of the greatest blessings in your life.

_____ Holy Communion fills us with encouragement to persevere in times of difficulty.

_____ We should only receive Holy Communion at our 1st Communion.

_____ The Sacraments are designed by God to help us live a good life on Earth.

My Little Prayer Process

- 1 Thank God for whomever and whatever you are most grateful today. List what you are grateful for.

- 2 Think about today. Talk to God about the times when you were and were not the-best-version-of-yourself.

- 3 What do you think God is trying to say to you today? Talk to God about that.

- 4 Ask God to forgive you for anything you have done wrong and to fill your heart with peace.

- 5 Talk to God about some way he is inviting you to change and grow.

- 6 Pray for the other people in your life by asking God to guide them and watch over them. List those you are praying for.

- 7 Pray the Our Father.