

FIRST COMMUNION



We are using the [Dynamic Catholic First Eucharist Preparation Program](#), which is the same format as you used for First Reconciliation. All program materials are fully available on line; including the text book.

[BLESSED COMMUNION BOOK](#)

1. Watch the short video clip and do the worksheet provided.
OR
2. Read one chapter; then have your child answer the questions in the book.

If your child would like to watch more videos from the Blessed: First Communion Program, there are a total of 42 great videos available from Dynamic Catholic's Website.



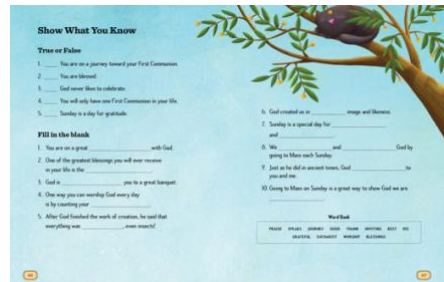
Lesson 1 – My Journey with God Continues



LESSON 1

[WORKSHEET](#) 1

READ CHAPTER 1



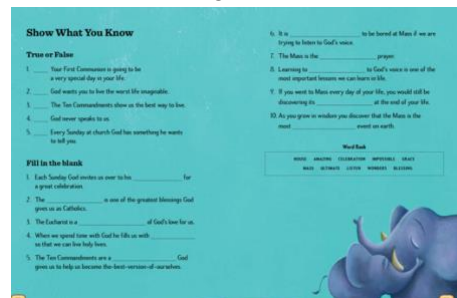
Lesson 2 – The Third Commandment



LESSON 2

[WORKSHEET](#) 2

READ CHAPTER 2



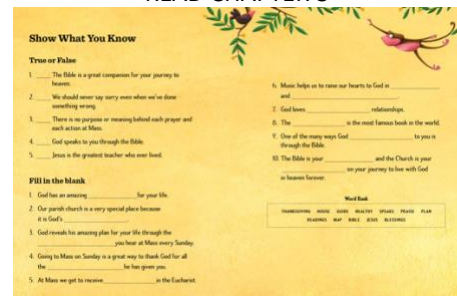
Lesson 3 – Listening to God



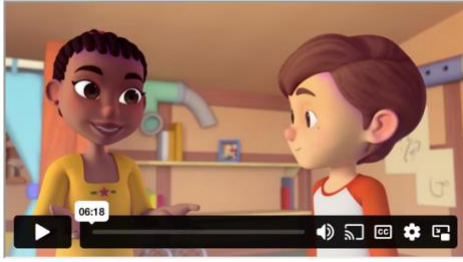
LESSON 3

[WORKSHEET](#) 3

READ CHAPTER 3



Lesson 4 – Overview of the Mass



LESSON 4

[WORKSHEET](#)
4

READ CHAPTER 4

Show What You Know

True or False

- One of the great blessings God wants to share with you is the Eucharist.
- The Eucharist is uniquely Catholic.
- The bread and wine don't become the Body and Blood of Jesus.
- Our souls are not nourished by the Eucharist.
- Jesus is truly present in the Eucharist.

Fill in the blank

- There are _____ of blessings God wants to shower upon you.
- The _____ is food for your soul.
- You are so blessed to be _____.
- Receiving Holy Communion is an incredible _____ that we should never take for granted.
- You are on a great _____ with God and your destination is _____.

Word Bank

consecrate	share
body	blood
incredible	amazing
last supper	souls
renewed	communion
present	gift

Lesson 5 – The Liturgy of the Eucharist



LESSON 5

[WORKSHEET](#)
5

READ CHAPTER 5

Show What You Know

True or False

- Your First Communion is a very special day.
- You are not ready to walk with God, and you are not ready to receive Jesus in the Eucharist.
- Prayer doesn't help us prepare to receive Jesus in the Eucharist.
- Fasting makes us mindful of God's presence.
- For the rest of your life you will have an open invitation to God's great banquet.

Fill in the blank

- God the Father is so _____ when he thinks about giving you Jesus in the Eucharist.
- The Church chooses this time in your life to share the _____ with you because you have reached the age of reason.
- We _____ for everything that is important.
- The great champions of our faith are the _____ with God.
- Fasting helps us to grow _____ to God.
- The Eucharist fills us with the _____ and _____ to become the best version of ourselves, to grow in virtue, and to live a holy life.
- The Eucharist empowers us to do _____ things for God.
- After you receive the Eucharist, _____ will be in you.
- God is sending you on a _____ to bring his love to the world.

Word Bank

share	invitation	virtuous	wisdom
love	virtue	journey	presence
loved	loving	grace	lovers

Lesson 6 – This Is a Special Day



LESSON 6

[WORKSHEET](#)
6

READ CHAPTER 6

Show What You Know

True or False

- God has blessed you because he loves you.
- Your parish doesn't need you to spread God's love.
- Prayer is a powerful way to make a difference.
- Jesus asks us to face life's journey alone.
- You are blessed.

Fill in the blank

- God made you for _____.
- The Catholic Church is the greatest force for _____ in the world.
- Our mission is to bring God's _____ to every person on earth.
- Your _____ is your spiritual family.
- Your greatest talent is your ability to make a _____ in other people's lives.
- God has a _____ for everything.
- _____ is a powerful way to make a difference.
- The _____ will help you become the best version of yourself, grow in virtue, and live a holy life.
- Anything you feel lost or confused, turn to _____ and ask him to guide you and comfort you.
- You are Catholic, you are alive, you are loved, and you are _____.

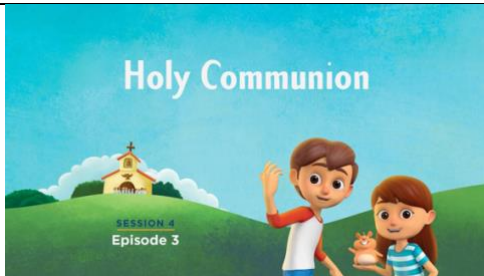
Word Bank

mission	parish	community	mission	mission
love	love	love	mission	mission



LESSON 7
WATCH THE VIDEO

What happens when our souls don't get the nourishment they need.



LESSON 8
WATCH THE VIDEO

During Holy Communion, God feeds us the ultimate food for our souls: the Eucharist.



LESSON 9
WATCH THE VIDEO

Explore the very first Communion.