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**TO** All Principals of Catholic Schools in South Australia

**FROM** Trish Jarvis, Executive Officer, Catholic School Parents SA

**DATE** Friday 13 June 2025

**RE** Stronger Families - A Positive Parenting Conference



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**cspsa.catholic.edu.au**

Dear Principals,

Catholic School Parents SA (CSPSA) is thrilled to welcome back the **"Stronger Families - A Positive Parenting Conference"** to be held on 16 August 2025.

This one-day event is tailored for parents and professionals involved with youth, offering a platform where prominent parenting experts from Australia come together to share invaluable insights on modern-day challenges affecting children and teenagers.

We are excited to welcome back [Maggie Dent](#) to Adelaide. She is a well-known renowned author and educator, known as the "queen of common sense," and she will share her practical guide for parents to help teenagers navigate adolescence.

[Greg Attwells](#) —Director of the global 36 Months movement, pulls back the curtain on the systems shaping teen mental health and shares how Australia became the first country in the world to raise the minimum age of social media access from 13 to 16.

[Wayne Holdsworth](#) turned personal tragedy into a mission for change. After losing his 17-year-old son Mac to suicide following a sextortion incident, he founded SmackTalk, a charity dedicated to suicide prevention and awareness.

Finally, [Madhavi Nawana Parker](#), a respected psychologist and author specialising in emotional intelligence and wellbeing, will provide practical strategies and teach simple and practical ways to regulate your own stress and emotions.

The conference will be held on 16 August 2025 at The Sanctuary, Adelaide Zoo, with a light lunch provided. Tickets can be purchased for \$25 plus booking fee at [Humanitix](#).

## Details

The conference details can be found on our website at <https://cspsa.catholic.edu.au/newsroom/events>

To ensure maximum reach for the conference, please share the [Flyer](#) on your school newsletter and social media platforms.

This event is limited to 300 people and sold out in three weeks in 2024! We look forward to bringing this exciting opportunity back to Adelaide for the benefit of our families, staff, and communities.

Kind regards

A handwritten signature in grey ink, appearing to read 'Trish Jarvis'.

Trish Jarvis  
Executive Officer  
CSPSA

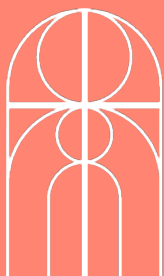
**cspsa.catholic.edu.au**

116 George Street, Thebarton SA 5031 • PO Box 179, Torrensville Plaza SA 5031 **T** (08) 8301 6600

# STRONGER FAMILIES:

## A POSITIVE PARENTING CONFERENCE

PRESENTED BY



**Catholic  
School  
Parents**  
SOUTH AUSTRALIA

### OUR SPEAKERS



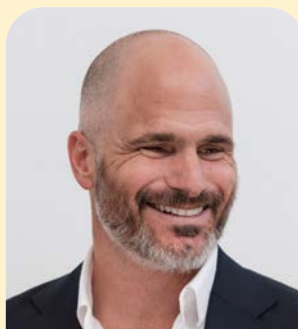
**MAGGIE DENT**

CALMING  
TEEN STRESS  
& ANXIETY



**WAYNE  
HOLDSWORTH**

START A  
CONVERSATION  
NOW



**GREG ATTWELLS**

YOU CAN'T  
OUT-PARENT  
AN ALGORITHM



**MADHAVI  
NAWANA PARKER**

SELF REGULATION:  
How to stay connected,  
calm & influential in  
your child's life

**THE SANCTUARY  
ADELAIDE ZOO**  
1 PLANE TREE DRIVE

**SATURDAY  
AUGUST 16**

**9AM  
REGISTRATION**  
9.30AM TO 3PM

\$25 + Booking Fee per person. Light lunch included

Tickets available at Humanitix

[www.events.humanitix.com/stronger-families-2025](http://www.events.humanitix.com/stronger-families-2025)

**[cspsa.catholic.edu.au/events](http://cspsa.catholic.edu.au/events)**