



Important Dates

End of Term 3
Thursday 23 September

Student Free Day
Friday 24 September

Term 4 Commences
Monday 11 October

From the Principal

Dear Families,

Fixed vs Growth Mindset

I have touched upon this subject previously, and in today's edition, add some further food for thought, including some practical examples at the end of the piece.

A Fixed Mindset learner believes that Intelligence is fixed and cannot improve. This leads to a desire to look smart at any cost. Fixed mindset learners are often characterised by a tendency to avoid challenges for fear of failing, give up easily, believe that effort is fruitless, usually ignores useful feedback and feels threatened by the success of others. They will often plateau early and achieve less than their full potential.

A Growth Mindset learner believes that intelligence can be developed. These types of learners demonstrate a desire to learn and are characterised by embracing challenges, persist in the face of setbacks, see effort as the path to mastery, learn from criticism and find lessons and inspiration in the success of others. As a result, Growth Mindset learners reach even higher levels of achievement.

Children often ask, "Can you change a Fixed Mindset to a Growth Mindset?" The answer, is that a learner can if they follow the steps below. One of the strategies outlined by Dr Carol Dweck in influencing mindset, is to teach children about the brain, how they learn and about the impact of this mindset on their learning. Even children as young as Reception can learn all about the workings of the brain.

There are 4 steps in changing one's mindset from Fixed to Growth and they are relatively simple.

Step 1: Learn to hear your Fixed Mindset voice (negative self-talk).

Step 2: Recognise that you have a choice.

Step 3: Talk back to it with a Growth Mindset voice (positive self-talk).

Step 4: Take the Growth Mindset action.

Mindset	Fixed	Growth Mindset
Approaching Challenges	Are you sure you can do it? What if you fail? If you don't try, you won't embarrass yourself.	Most successful people had failures along the way. If I don't try, I automatically fail.
Encountering Setbacks	This would have been easy if you had talent. I told you it was a risk - now you've shown everyone you can't do it!	Many people who have succeeded took risks and followed their passions, and had setbacks, but they learned from them.
Receiving Criticism	It's not my fault. It's someone else's fault. Who do they think they are criticising me?	If I don't take responsibility, I can't fix it. They are trying to help me. I need to use their feedback.

Congratulations Fr Allan – 50th Anniversary Ordination

The 4th September marked Fr Allan's 50-year anniversary of joining the priesthood. This is a significant celebration, especially seeing that Fr Allan has been at Payneham for 34 years. A big congratulations to Fr Allan.

Staff News

Mrs Marie Polvere will be taking long service leave during Term Four. We will miss Marie, but certainly wish her all the best whilst she takes a well-deserved break.

Ms Tania Melfi will take on the role as Inclusive Education Coordinator (two days a week, Mondays and Tuesdays) during Term Four. Tania will continue her role as classroom teacher in Year 2MM from Wednesday to Friday.

Lastly, congratulations to Mr James Cummings on winning a permanent teaching position at Our Lady Queen of Peace School, Albert Park, commencing at the beginning of 2022. Whilst this is great news for James, we are sad to be losing an excellent educator.

Festival Choir

Next week is the Catholic Schools Music Festival, occurring most nights at The Adelaide Entertainment Centre. St Joseph's Payneham is participating on Wednesday night, where we have Year 5 and 6 students representing our school as part of the Festival Choir. I congratulate all the children on their dedication in preparing for this event and wish them the very best when on the 'big stage'. A big thank you to Ms Julia Johnson for preparing and organising the students since the beginning of this year.

Condolences

Sympathies to the Dias family (Jayden, RJA and his parents Gayan and Jenushair), on the recent passing of their aunt and sister/sister-in-law.

Sympathies to the Flynn family (Kiera 5AG and her parents Made and John), on the recent passing of their grandfather, father/father-in-law.

Sports Day date

Early notice that St Joseph's Payneham Sports Day will be held on Friday 12 November. Further details will be communicated in due course.

COVID-19 Update

Please continue to remain vigilant and follow appropriate COVID-19 protocols. It is important we continue to follow the advice from SA

Health.

At St Joseph's Payneham, we continue to endorse the following:

- washing hands regularly, particularly after using the bathroom and before eating;
- covering coughs and sneezes with the arm and/or tissue;
- no sharing of food and drink bottles;
- parents/carers not to enter classrooms (unless absolutely necessary);
- adults to physically distance and to wear face masks if needing to come on the school site;
- use the 'QR code safe check-in' if entering a school building; and
- please keep children home if they are showing any flu-like symptoms (in such a situation, SA Health are highly recommending that individuals are tested and self-isolated).

End of Term Three and start of Term Four

The last day of Term Three will be next Thursday 23 September, at the usual dismissal time of 3:00pm. The first day of Term Four is Monday 11 October, commencing at 8:45am.

Wishing you well!

Simon Mechis

From the Deputy Principal/APRIM

Reconciliation

The Year 3 students are preparing to celebrate their First Rite of Reconciliation in October/ November.

So what is the Sacrament of Reconciliation?

The Sacrament of Reconciliation is the process or steps we take in order to reunite ourselves with God. In essence it is: *"The invitation to the door of forgiveness, freedom of sin and of guilt and with that; Peace"*.



Before we open the door we prepare ourselves by reflection or examining our conscience and think about what we are going to do to stop doing hurtful things. When we are ready, we open the door to face and talk to God through his disciple (the Priest). We confess (in all honesty) our sins and tell him what we will do to make amends and how truly sorry we are by saying the act of contrition. When we are done we are given absolution (forgiveness) through the power of the Holy Spirit and are reunited with God.

What is Sin? EXAMINATION OF CONSCIENCE is to reflect on your sins

Sin is the conscious thought, act or deed we do against the teachings of the Church and God our Heavenly Father. When we sin, we go against the commandments of God and alienate (turn away) ourselves from him. In the Sacrament of Reconciliation we re-orientate ourselves and re-unite (together again) with God.

Reconciliation meeting dates for 2021

The second meeting for 2021 will be held on 21st September from 7:00-9:00pm in the church.

The Reconciliation Liturgies will be celebrated in 2 groups in the church commencing at 6:00pm.

Group 1: 29th October

Group 2: 5th November

NEW Made in the Image God: Human Sexuality Curriculum

This term many classes engaged in the Made in the Image of God program. It is a program firmly based upon Catholic moral teaching and calls upon the Tradition to understand the meaning of human sexuality. When such education is undertaken in the classroom it requires a high level of partnership between parents and teachers. It is important that as parents you feel supported and comfortable with the way that these important topics are taught so please don't hesitate to contact your child's class teacher or myself if you have any questions.

Ipads/Technology News

With the holiday break nearing it is an opportune time to check your children's iPads/Smart phones. In particular, we would strongly suggest you check their internet history, social media messages, downloaded materials, apps, music and media. It is crucial that our children know that we are vigilant in ensuring their safety in using these devices.

Ingrid Douventzidis

Year 6 Student Editors



Week 9 Random Acts of Kindness 'Love in Everything'. Hope you enjoy!

Hello, we have been selected to have a part in the St Joseph's Payneham Newsletter. We decided to write Random Acts of Kindness each week for our school's motto 'Love in Everything'. Hope you enjoy!

A Year 6 student was at the Library sitting and waiting for the bell to ring. When the bell rang, he stood up and started to pick up the papers surrounding the area.

In the Year 6 classroom, the TV wasn't connecting with the HDMI cable. A fellow student stepped in and fixed the problem by unplugging, switching the cable and switching HDMI.

When the Year 3s were playing on the oval, the soccer ball they were kicking went over the fence and they were so disappointed considering they didn't have another ball. A teacher saw the whole problem and recovered the ball on Marian Road.

2021 Staff Board Report

[Staff Board Report Term 3](#)

Maths Olympiad

Congratulations to the St Joseph's Maths Olympiad Team for completing their 5th and final contest.

Each student is to be commended for their participation, persistence and creativity in solving difficult Mathematics problems.

In Term 4, the students will be presented with awards and participation certificates.

Details to be advised at a later date.

Try question No 4:

Chloe notices that $91 = 100 - 9 = (10 + 3) \times (10 - 3) = 13 \times 7$

Since 7 and 13 are primes, 91 has two prime factors.



Mia notices that $391 = 400 - 9 = (20 + 3) \times (20 - 3) = 23 \times 17$

Since 17 and 23 are primes, 391 has two prime factors.

Using the same method, Ruby finds the prime factors of 1591.

Find the sum of Ruby's prime factors.

Book Fair Scholastic



A BIG Thank you to everyone who attended the Book Fair and making it a huge success!

Scholastic Warehouse Sale

We are opening our warehouse doors for 2 days only during the school holidays.

Come along for amazing book bargains, and if you can't make it please share the details with your colleagues and school community so they don't miss out!

We hope to see you there!

[Scholastic Warehouse Sale Flyer](#)

2021 Cartooning

Cartooning

Cartooning with Blair Price is in its 9th week and is part of the Enrichment Program for Years 4-6.

The following students have been busy creating and learning new drawing skills.

You will be able to see some of their colourful creations on display next term.

Year 4s

Diya, Violet, Olivia, Isaac, Massimo, Sam and Rayyan.

Year 5s

Sebastian, Connor, Aleksander, Jake, Adriano, Marchesa, Noah and Sibella.

Year 6s

Daniella, Christian, Chloe, Cristian and Alessia.

2021 Cartooning



Enrolments 2022/2023



[Enrolment Information website](#)

Playgroup and Occasional Care Programs



[Piccolini Occasional Care Program](#)

[Playgroup Program](#)

OSHC and Vacation Care



Bookings can be made using our [Parent Booking Portal](#)

A reminder 12 hours notice is required if you wish to cancel your bookings through the portal.

[Download New OSHC Booking System for SJP](#)

[Download 2021 OSHC Enrolment Form](#)

The Healthy Piece



Many foods aimed at children are marketed as “sugar free”, however they often contain artificial sweeteners. Artificial sweeteners have been controversial since they were first introduced to the market in the 1950’s and scientific research indicates that they are associated with many side effects and health problems.

They are often found in diet beverages, light yoghurts, low-fat flavoured milks, nutrition bars, sugar-free desserts, light ice creams, chewing gum, syrups, condiments and even children’s vitamins and medicines. It is best to always check the ingredients list particularly those marketed as “sugar free”.

The most commonly used artificial sweeteners in Australia are: Acesulphame K (950), Alitame (956), Aspartame (951), Cyclamate (952), Neotame (961), Saccharin (954) and Sucralose (955).).

[PubMed website](#)

[PubMed website](#)

Canteen



Please contact Josie on 0413 313 112 if you are available to volunteer in the Canteen.

If you have any queries, please feel free to contact the Front Office.

Canteen Sponsorship

Does your business need Promoting or Advertising?

Do you want to get involved and support your child's Canteen?

Sponsor the Canteen for just \$250 (tax deductible)

By becoming a Sponsor you will receive free advertising for the whole term in the School Newsletter and on the St Joseph's Payneham social media pages.

[Canteen Sponsorship information](#)

Special Food Day

Week 4: Tuesday 10th August - Sausage Sizzle

Generously sponsored by Top Rate Electrical

Domestic /Commercial / Industrial

Top Rate Quality, Service and Experience guaranteed

Free quotes and Expert advice

Contact us on - 0402 639 549

E: admin@toprateelectrical.com

W: www.toprateelectrical.com

Week 6 - Pasta in Box

Generously sponsored by B.Social

B.Social was established in August 2015, with the director's idea to create a venue where simply 'everybody' was welcome. B.Social is about communal eating, shared platters, wood oven pizzas and Italian cooking, all fused together to create memorable moments.

P: 08 8261 7745

A: 246 Fosters Road, Oakden SA

bsocialadelaide@gmail.com

Sports Results

The Basketball superstars all autographed a soccer ball for each other at their last game!

Year 2 Winter Netball Team players Megan, Luciana, Dana, Tanvi, Siena, Cartia, Scarlett and Zara. Well done team. What a great season!

Year 2/3 Bears Basketball

Score: SJP (23) d sunrise Hurricanes (4)

Coach: Janine Haines

Well done to the whole team for their efforts. We really went back to what we learnt in training in the second half, by using our team mates and moving the ball around. Thank you to Renee for all your help again.

U8 Soccer Gold

Score: SJP Gold (6) d Burnside Gold (4) in an absolute nail-biter!

Coach: Emily Parrella

Brilliant teamwork up against a previously undefeated team!

11/9/21

Score: SJP Gold (5) d Walkerville (2) final game!

Coach: Emily Parrella

What an incredible season with only two losses! Well done team!

School Winter Sports



School Building Fund

Thank you to the Parish for their kind donation of \$660.00 towards the School Building Fund and their continuing contributions to this Fund.

We value your feedback...

Do you like our new Newsletter format?*

- ☐ It's amazing!
- ☐ I hadn't noticed.
- ☐ I don't like it.

What do you like about it most?:

Term 3 Calendar of Events & Activities

[Click on link to view Term 3 Calendar](#)

Devon Uniform Shop



Shop 24, Clovercrest Plaza, Montague Road, Modbury North

T: 8350 7930 E: modcus@devonclothing.com.au

[Uniform Shop Price List](#)

Hats are back on

As we are now in September, as per our Sun Smart Policy, students need to be wearing hats when outdoors i.e., recess, lunch, sport lessons, etc. Please ensure you remind your child/ren to place their labelled hat in their bag.

Also, with warmer weather being forecasted, students may prefer to wear their Summer Uniform on days where the predicted maximum is 25C or above. I do ask that one type of uniform is only worn on any given day i.e., Summer or Winter; not a mismatch of both.

Secondhand Uniform Shop - New Opening Hours

Secondhand uniforms can be purchased from the school on:

Thursday: 2:30 - 3:15pm and Friday: 8:30 - 9:00am

Payments can be made via Qkr
