

Issue Date 2 May 2024



### Important Dates

11:00am -Parent/Teacher Interview link closes Friday 3 May 2024 Parent/Teacher Interviews Rec-Yr. 6- Students finish at 1pm Monday 6 May 2024 P&F Mother's Day Stall R-6 Thursday 9 May 2024

Yr. 1s Liturgy at 10:30am Friday 10 May 2024 Mother's Day Morning at 9:15am Friday 10 May 2024

Mother's Day Sunday 12 May 2024

Catholic Education Week 13 -17 May Monday 13 May 2024

Assembly at 9am Yr. 5s hosting Thursday 16 May 2024

Laudato Si' Week 16-24 May Thursday 16 May 2024 Yr. 6s Mass at 9:15am Friday 17 May 2024 Yr. 2s Liturgy at 10:00am Friday 17 May 2024

# From the Principal

### Welcome to Term Two

I trust everyone enjoyed the school holidays and children are feeling refreshed and ready for the second term.

### Kindness

We hear about the importance of being kind to others. We show gratitude to those who are kind to us. We feel better when we demonstrate kindness.

Soon after the tragic events which recently took place at Bondi Junction in Sydney, I heard the NSW Premier, Chris Minns, speak to the media, and one of his messages caught my attention – 'Be kind to one another'. It sounds quite simple, but for 'different reasons', it doesn't always happen.

Most days we hear of news stories involving tragedy, misfortune and even hate. However, and often not reported, there are also many stories of kindness. Affection, gentleness, warmth, concern, and care are all associated with kindness. People who are kind and compassionate are usually positive and admired.

As I have communicated previously, kindness is an interpersonal skill and can be learned through trained repetition. Being kind to others improves our well-being, connectedness and makes us happier (Lyubomirsky, 2008). There are many ways to bring about the benefits of kindness into our lives. We can be deliberately kind towards others, when we notice an opportunity, or even write down when people show kindness to us.

Another powerful way for us to foster more kindness in our lives is to think of times that we ourselves have been kind to others. In a study done by Wharton Business School (2013), people who were asked to remember the times they themselves had been kind, gave more generously to others than those people who were asked to remember times when others had been kind to them.

Recalling our actions of kindness helps us reinforce and build a vivid self-image of ourselves as a kind person. We then find ways to live up to the 'kind person' image and become, simply, more kind!

## Parent/Teacher Interviews

A reminder about Parent/Teacher Interviews taking place in Week 2 (and Week 3) of Term Two – please refer to the letter that was recently distributed. On Monday 6 May (the start of Week 2), there will be a 1:00pm finish for students. Interviews on this day will start at 1:30pm. If you are unable to collect your child/ren early on the Monday, this is fine, as all students remaining at school will be supervised by school staff, until 3:00pm, with usual pick-up procedures in place. OSHC will also be available as per typical routine as well.

### Arts Incursion

An Arts incursion, for R-6 students, by Musica Viva, called 'Da Vinci's Apprentice', will be occurring on Tuesday 7 May. Funding for the incursion has kindly been covered by the school's Parents and Friends.

## Mother's Day morning with guest speaker, Friday 10 May

As has been previously advertised, on Friday 10 May, at 9:15am there will be a Mother's Day morning for all mums and significant women in our school community. Guest speaker will be Paris Olympics bound, Jessica Stenson (nee Trengove). Jessica is a world-class long-distance runner who won the gold medal at the 2022 Commonwealth Games. She also represented Australia in the marathon event at the 2012 and 2016 Olympics. Jessica is a proud South Australian and a mother of two young children. Please come along to this free event. RSVP by 6 May to info@stjopayn.catholic.edu.au if you will be attending. I thank the P&F for the support provided to host this event.

## School Uniform

Wearing the correct uniform brings a great sense of belonging to the community as well as pride in one's appearance. Let's work together to ensure it is sustained. The start of Term Two is when the school Winter Uniform is worn. We always have a two-week transition period. However, by the start of Week 3 all students are required to be wearing the Winter Uniform. Please take note of the following:

- For the formal school uniform, either the navy formal trousers, or the navy formal shorts can be worn.
- The wool 'v' neck jumper or new formal jacket can be worn with the school uniform (no other parkas, jackets, etc. are to be worn).
- For the sports uniform, either the navy sport track pants, or the navy sport shorts can be worn.
- The school tie no longer needs to be worn with the uniform.

#### Hairstyles and Accessories

- Ribbons/Scrunchies/Head Bands Navy Blue or in uniform fabric.
- Clips need to be simple and plain.
- Long hair (shoulder length or longer) must be tied up at all times.

- Hair is to be clean, neat and tidy and out of the eyes.
- Streaks and hair colouring (permanent or temporary), as well as razor cuts or patterns cut into the hair are not permitted.
- Cutting/shaving/gelling of the hair that leads to a mohawk or mullet style, as well as rat tails are also not allowed.

#### Jewellery and Makeup

Any jewellery worn by a student to school is the responsibility of that student. The only jewellery permitted:

- Wristwatch.
- Earrings (either small sleepers or studs), and only one in each ear.
- If a student wears a chain, it must be worn inside the uniform.
- No makeup or nail polish is to be worn.
- No tattoos allowed.

## Condolences

I extend my sympathies to:

• The Forte family (Christian, 2GG, Isaac, Preschool and OSHC Director, Karina), on the passing of their maternal great grandmother and grandmother, Maria.

#### Wishing you well!

Simon Mechis

# From the Deputy Principal

## Welcome back to Term 2!

### Showdown Doughnuts

In preparation for "Showdown 55" this evening, the canteen sold pre-ordered Port and Crows coloured doughnuts to celebrate. Thank you to our canteen workers and volunteers for helping with this fundraiser today.

### SRC Update

Last term the SRC members thought of an idea to create an area within the school where students could go to find a buddy to play with. We decided to create the 'Buddy Bench', a bench where students can go to find a buddy/buddies to play with in the school yard. The 'Buddy Bench' is located underneath the verandah outside the Gym.

### Sensory Room

We are excited to open our new Sensory Room at school this term. This space is used primarily to assist those students who benefit from a calm, tactile and quiet space during the school day. The space has been setup to support students with their sensory needs, regulation, stress reduction and concentration. The Sensory Room will further foster students' self-regulation skills, promote inclusion when working with others in the space and provide a set of hands-on tools for their wellbeing.

Thank you to Nicole Joanni (Inclusive Education Coordinator) and Olivia Barbaro (Wellbeing Officer) for their support in identifying and selecting equipment and preparing the space.

### 'Meaningful May' calendar

Please find attached the 'Meaningful May' calendar from the 'Action for Happiness' website. We encourage you to share this calendar with your families at home to promote kindness. An idea might me to place a copy on your fridge and discuss the activities with your child/children.

#### Keep well!

### Michael Musolino

#### (Deputy Principal)



# From the APRIM

## Embracing Autumn's Beauty: A renewed sense of anticipation and possibilities

As I write this new entry, I appreciate the beauty of nature in autumn with its vibrant colours and the crispy morning air, bringing about a slower pace and a renewed sense of anticipation and possibilities for what lies ahead in Term 2. I hope you've had a restful break.

### St Joseph the Worker

Today, on the 1st day of May, we celebrate Saint Joseph the Worker. As a Josephite school, we hold a special devotion to Joseph, our Patron Saint, and Patron Saint of the Universal Church. In our role as teachers, in partnership with parents and guardians, we reflect on the qualities and virtues Joseph exemplified as he cared for Jesus. Like Saint Joseph, we have been entrusted with a holy work, a work that encourages us to excel in virtue by following the example of this great saint. Joseph's mission was to protect and educate Jesus, nurturing him spiritually and professionally to prepare him for his role in society as a follower of Moses and the son of a carpenter. As

educators, we strive to embody Joseph's care by similarly nurturing the children under our guidance, fostering their growth and development in mind, body, and spirit.

# May, Month of Our Heavenly Mother Mary

Today also marks the beginning of the Month of our heavenly Mother Mary. Historically, in Roman culture, the month of May was associated with Flora, the goddess of bloom and blossoms. The Romans celebrated *ludi florales* (floral games) as a prelude to May and to commemorate the arrival of spring in Roman society. Gradually, the ancient tradition of celebrating life and fertility in May influenced Christians to dedicate this month to honouring Mary, the Mother of Jesus. As we begin this special month, let us offer a heartfelt prayer to our heavenly Mother Mary:

Loving Mary, Mother of Jesus We ask you to bring our prayer to your beloved son, Jesus. May he bless us and watch over us as we begin Term 2. May he watch over our school with care, so that we may work together, pray together and play together. May we learn to show love and kindness to one another, and to serve those most in need. AMEN.

## Celebrating Mother's Day

In Week 2, we have two special occasions to celebrate Mother's Day. On Thursday, May 9th, the P&F Committee will host a special Mother's Day Stall. Then, on Friday, May 10th at 9:15am in the Gym, we will gather for a special Mother's Day Morning. These events offer a wonderful opportunity to honour mothers, caregivers, grandmothers, mums-to-be, and all the significant women in our lives. They also allow us to celebrate all forms of nurturing love within our community.



## Caritas Project Compassion Last Term

We extend a heartfelt Thank you to all in our community who supported Caritas Project Compassion during Term One. Your contributions will truly make a difference in the lives of those in need, demonstrating our school's commitment to compassion and solidarity. Together, we raised a total of \$1,328.75 for this worthy cause, thanks to your enthusiastic participation:

- Crazy Socks and/or Favourite Colours Day: \$530
- Project Compassion Boxes: \$256.75
- St Joseph Yellow: \$99
- St Anthony Red: \$142
- St Mary Green: \$161
- Mary MacKillop- Blue: \$140

These funds will directly support initiatives that promote education, healthcare, and sustainable livelihoods in disadvantaged communities around the world.

Once again, thank you for your generosity and dedication to making a positive impact on the lives of others. Let's continue to live out our school motto, Love in Everything, in all that we do.

## Sacrament of Confirmation Workshop

It has been encouraging for Fr Michael, Sr Josie and me to witness the commitment and growth of so many families as we journeyed through the Sacrament of First Reconciliation together. Seeing parents/caregivers and children come together to reflect and deepen their friendship with Christ and the Church has been a blessing.

Our next session together will be the Sacrament of Confirmation Workshop, scheduled for Wednesday, 19th June, from 6:30pm – 8:00pm at the St Joseph's School Gym.

Please bring your 'Signs of Grace: You are sent' (Confirmation) Student Guide Workbook, your Parish Passport and a pen. The workbook should be completed by this date and will be collected at the end of the workshop. You will be given the 'Signs of Grace: You are loved' (First Holy Communion) Student Guide Workbook at the end of this workshop.

We look forward to continuing this meaningful preparation with you and your children as we approach this important sacramental milestone.

With gratitude,

Patrizia Puglia APRIM, St Joseph's Payneham

# Playgroup and Occasional Care Programs

### Please click onto the link below for further inormation

Playgroup

Preschool

Preschool Mid-year intake

Piccolini

# OSHC

### Please click onto the link below for further information Out of School Hours Care (OSHC)

# **Community News**

Mary MacKillop College Year 7 2025 Transition Visits

# Canteen

#### Canteen Sponsorship

Does your business need Promoting or Advertising? Do you want to get involved and support your child's Canteen? Sponsor the Canteen for just \$250 (tax deductible) By becoming a Sponsor you will receive free advertising for the whole term in the School Newsletter and on the St Joseph's Payneham social media pages.

Any queries please contact Mrs Helen Crosato on 8206 5103.

### 2024 School Term Dates

29 January to 12 April

29 April to 4 July

23 July to 27 September

14 October to 11 December

## Term 2 Calendar of Events 2024

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