

Issue Date 13 November 2024



## Important Dates

10:00am - Year 2 Liturgy Friday 15 November 2024

Reception

**Orientation Visit** 

Friday 22 November 2024

Reception Orientation Visit Friday 15 November 2024

10:00am - Year 1

Friday 22 November 2024

Liturgy

Preschool Orientation Visit Monday 18 November 2024

Preschool Orientation Visit Monday 25 November 2024 Assembly at 9:00am - Year 6 hosting Thursday 21 November 2024

Evening-End of Year Christmas Concert Wednesday 27 Novembe

Wednesday 27 November 2024

Year 3 Excursion Friday 29 November 2024 10:00am -Reception Liturgy Friday 29 November 2024 10:15am - Italian Mass ( St Joseph's Catholic School hosting) Saturday 30 November 2024 Preschool Graduation (in Gym)

Wednesday 4 December 2024

Yr 6s Beachouse Thursday 5 December 2024

Last day for Year 6

students

9:15am - End of Year School Mass Year 6 Retreat Day Monday 9 December 2024

6:00pm -Graduation Liturgy

1/9

for Yr 6s and celebrations Monday 9 December 2024

6:00pm - Year 6 Graduation Dinner

Tuesday 10 December 2024

## Last day of 2024 school year

Wednesday 11 December 2024

## From the Principal

#### Why purposeful living is important

Purpose gives direction to our lives and helps us set meaningful goals. Psychologist Viktor Frankl, who spent three years imprisoned in various concentration camps, and author of Man's Search for Meaning, wrote, "Purpose is the glue that holds us together".

Former Roman emperor and Stoic philosopher, Marcus Aurelius stated, "Whenever you have trouble getting up in the morning, remind yourself that you've been made by nature for the purpose of working with others. It's our natural purpose that is more fitting and more satisfying."

Modern-day writer Ryan Holiday, who has transcribed the Stoic texts, explains that Marcus Aurelius' message is about the obligation we have to one another. We are made for cooperation with each other. In other words, a core purpose for humankind is to help render great work together and showing up is key.

Understanding and embracing our purpose can significantly impact our children's development and well-being.

For children, having a sense of purpose can enhance their motivation, self-esteem, and resilience. It encourages them to explore their interests, develop their passions, and contribute positively to their communities.

A few ways we can help nurture a sense of purpose in our children:

- Encourage exploration: Allow children to try different activities, hobbies, and interests. This exploration can help them discover what they are passionate about.

- Discuss values: Discuss what matters most to your family and community. Help your child understand the importance of values like kindness, honesty, and responsibility.

- Set goals together: Work with your child to set achievable goals. Celebrate their progress, no matter how small, to help them see the impact of their efforts.

- Model purposeful living: Share your own experiences of finding purpose and how it shapes your decisions. Your example can inspire them to seek their own path.

- Have stronger connections: Purposeful living encourages empathy and connection with others. When children understand their role in the community and the importance of contributing, they build meaningful relationships and a sense of belonging.

- Resilience in challenges: Life is filled with ups and downs. Having a strong sense of purpose helps children navigate challenges with resilience. It fosters a mindset that views obstacles as opportunities for growth rather than setbacks.

As we guide our children in discovering their purpose, we also create a supportive environment that fosters growth and fulfillment.

## Carlo Acutis Building

I remind you about the official opening of the Carlo Acutis Building, to take place on Thursday 20 February 2025 at 10:00am.

A letter was recently distributed to families about a wooden sculpted relief depicting Blessed Carlo (which will be installed and displayed in the building), asking for there to be consideration of a contribution towards this art piece. Any donation will be gratefully received.

#### End of Year Student Reports

As per previous distribution of Student Reports, SEQTA Engage, will again be the means for you to view your child's Report. Families who wish to have a hard copy, can request this option from the Front Office.

## Sports Day thanks

Thank you for your attendance at Sports Day on Friday 8 November. It was a splendid and successful day.

I acknowledge the children's effort and enthusiasm; our parent volunteers who assisted in walking the children to and from Payneham Oval; staff who ensured the events ran effectively and those who assisted in the setting and packing up of equipment including the scorers, First Aid officers and fruit distributors; the P&F and Board members who organised the coffee van, drinks and lunches for the day; and the generosity of Tony and Mark's for supplying the fruit.

Lastly, I extend my gratitude and thanks to Physical Education Teacher and Coordinator, Adrian Mastrangelo, for the planning, organisation and work in the lead up to Sports Day – it's a big task and I congratulate Adrian, as well as the Sports Day Committee, on a very successful school-wide event.

#### Children's University

Today, at Bonython Hall, located on the University of Adelaide grounds, students were recognised for their efforts in completing extracurricular hours, contributing to their Children's University award. A big congratulations to Luca C., Zoe F., Ciana I., Chloe M., Cartia P., Olivia P., Gareth Q., Penelope R., Allegra R., Jacob S., Nicodemo C., Alessio L., Nadia M., Kieran M., Louis M., Gabriel S., Stephanie T., Sophia F., Ava L., Cartia M., Liam P., Rosha V., Brooke W., and Alexis W. on this achievement.



I also acknowledge staff member Josie Colangelo, who has worked behind the scenes, in liaising with children, families and the Children's University. If your child would like to participate in the Children's University program for 2025, please do speak with Josie – jcolangelo@stjopayn.catholic.edu.au

## School Fees

As per my circular last week, at the recent School Board Meeting, it was endorsed that a small increase of 3% to school and preschool fees be applied for the 2025 school year. In monetary terms, for full fee-paying families (based on one child), this is a total increase of \$92 per year. For families who pay the low discount fees, this is an increase of \$55 per year (again based on one child). For families who have a child in the preschool this equates to a total increase of \$43 per year.

There will be a \$1 increase (per session) for OSHC and a \$2 increase (per session) for Vacation Care. Occasional Care (Piccolini) and Playgroup session fees will remain the same.

The last fee increase was for the 2020 school year. In 2021, school fees were reduced, and the fees have remained the same since.

(hcrosato@stjopayn.catholic.edu.au) to confidentially discuss additional support through fee remissions.

### End of Year Concert – Wednesday 27 November 2024

The End of Year Christmas Concert is being held on Wednesday 27 November, commencing at 6:15pm on the school grounds. This is for all Preschool to Year 6 children and families. There will be food and drink available on the evening (noting it is an alcohol-free event). A letter will with all the particulars will be circulated to families early next week.

## Congratulations

I offer my best wishes to:

The Fantasia family (Santino, Preschool), on the birth of a baby boy, Remi.

Michael Mastrangelo (based at Our Lady Queen of Peace School in 2024), has won a permanent position at St Joseph's, Kingswood. Michael was a staff member at Payneham for many years. I wish Michael the best on his appointment.

Wishing you well!

Simon Mechis

# From the Deputy Principal

#### Gratitude

Gratitude is a powerful habit that can make school life more joyful and rewarding. For school children, it means appreciating their teachers, classmates, and family members who support and guide them. Being thankful helps develop a positive attitude and strengthens relationships. When children express gratitude for their education, they begin to value learning and recognize the importance of hard work. It also encourages them to give back, be kind, and help others. Gratitude creates an atmosphere of respect and care, making the school environment better for everyone. By practicing gratitude, children grow into thoughtful, compassionate individuals. It even improves our sleep, reduces worry and sadness, and makes us less prone to illness.

At school, our students participate in different gratitude activities through prayer, mindfulness, journalling, role playing and modelling, and community service projects.

Below our Senior News Editors will share what they're grateful for at school and in their lives:

News Editor Name: Julian (6CK)

-What are you grateful for at school? *I am grateful for my learning and education.* -What are you grateful for at outside of school? *I am grateful for my family.* 

#### News Editor Name: Luisa (6CK)

-What are you grateful for at school? *I am grateful for my teachers and learning.*-What are you grateful for at outside of school? *I am grateful for the sports I play.*

#### News Editor Name: Aiden (6AM)

-What are you grateful for at school? *I am grateful for my abilities to draw.*-What are you grateful for at outside of school? *I am grateful for spending time with my parents.*

#### News Editor Name: Charlie (6CK)

-What are you grateful for at school? *I am grateful for my friends.*-What are you grateful for at outside of school? *I am grateful for my family.*

## Preschool Orientation Visits

This week on Monday we started our Preschool Orientation Visits for those students joining our school community in 2025. It has been great watching the students play together and make new friendships. They have been so excited being a part of our Preschool and we look forward to these students starting in 2025.

#### Instrumental and Singing Concerts

The school's Instrumental and Singing concerts this week were a fantastic display of our student's skill, commitment, and year-long musical development. Every performance demonstrated the dedication and hard effort our young musicians have put in across the year. We appreciate the work of our Voice and Instrumental teachers in preparing the students for these concerts, as well as the participation of everyone who helped make the two evenings a huge success.

### 'New Ways November' calendar

Please find attached the *New Ways November'* calendar from the Action for Happiness website. We encourage you to share this calendar with your families at home to promote kindness.

'New Ways November' calendar

Keep well!

Michael Musolino

## From the APRIM

#### Nurturing Joy and Community: Our Superpower

As we journey through the final term of the school year, we are reminded of the joy and sense of togetherness that have uplifted us as a community. This term has been filled with wonderful moments where we've gathered to celebrate, support, and learn from each other. Our whole school All Saints Day Mass of Solemnity, hosted by our Year 3 and 5 students, marked a beautiful beginning, and we've since united again for Remembrance Day, Sports Day, and our First Holy Communion Masses in November, celebrating a sacred milestone with our students and their families. Together, these moments have deepened our connections, making our school a place where joy and community truly shine.





Our school's spirit is nurtured daily through the contributions of our students. Year 2 students lead a Drawing Club every Tuesday and Thursday, creating a joyful space for creativity and friendship. Our Year 4 Eco Squad, meeting every Friday, pave the way for a more caring world by running activities that remind us of the importance of stewardship and care for our environment. These groups show us how even the smallest actions of shared generosity, driven by purpose and dedication, can bring joy and strengthen our community.

The two groups are currently promoting two artistic competitions – the 2024 Archbishop's Christmas card competition, and the 18th Toyota Dream Car art contest. For more details, see below.



In Sunday's Gospel story A reading from the Gospel of Mark (Mark 12:38-44), we reflected on the power of giving with sincerity. Jesus

observes people offering gifts to the Temple. Many wealthy people give large sums, but he notices a poor widow who humbly gives just a few cents. Her small offering, made with great heart, becomes a lesson in generosity and true sacrifice. Jesus' attention to her act reminds us that what we give matters most when it comes from a place of love and sincerity.

Our upcoming Italian-English bilingual Mass on the First Sunday of Advent on 1December 2024, will be another opportunity to gather as one, celebrating the diversity, unity and faith of our school and parish community, especially the elderly Italian members, for whom this serves as their regular Sunday Liturgy. The Year 3 children, who will receive their sacraments in 2025, will collect their Sacramental Passport, marking the beginning of this important faith journey. Through this special Mass, we strengthen our community spirit and lift up the joy we share in each other's presence. We look forward to celebrating with you this special occasion.



As we continue the term, let us keep nurturing joy and community as our superpowers, building a school where each person's contributions—no matter how small—are celebrated and valued.

**Reflection Questions:** 

Why do you think Jesus noticed the poor widow's small gift and thought it was so special? How does it feel to give something that matters to you, even if it's small? Why might that be as valuable as giving a lot?

In peace,

Patrizia Puglia

# 2024 Archbishop's Christmas card competition, and the 18th Toyota Dream Car art contest

The Southern Cross and Catholic Education SA is calling for students in the Adelaide and Port Pirie dioceses to use their artistic skills to design Archbishop Patrick O'Regan's 2024 Christmas card.

2024 Archbishop's Christmas card competition, and the 18th Toyota Dream Car Art Contest Details.

## 2025 School Fees Information

Information is being sent home on Friday relating to 2025 School Fees.

All Families must complete a Payment Plan for 2025 (hard copy to be returned to school office)

All completed forms to be returned to school office by Monday 25 November 2024

2025 Fees and Parent Information 2025 School Fee Payment Plan

Should you have any queries regarding fees or payment plans, please contact our Finance Officer, Mrs Helen Crosato (Tel: 8206 5103 or E: hcrosato@stjopayn.catholic.edu.au).

## **Uniform News**

Please refer to attached letter from Noone regarding the recent acquisition of Belgravia Uniform stores in Adelaide.

Please Note: Appointments are **not** available during January, however they strongly recommend families book to visit before the 24th December 2024 to avoid the rush and possibly longer waiting times.

Christmas Holiday Opening Times and Christmas Closure Times also attached.

Uniform Parent Info 2024

2024/2025 Closure Times Noone Uniform Shop

# **Enrolment Information**

Please ensure that you enrol each of your children at least 12-18 months ahead of their starting date, in order to secure a **place.** Complete the Enrolment Application Form that covers Preschool to Year 6 and return to the Front Office. A separate Piccolini Enrolment form is also needed.

**Playgroup:** For children 0-4 years of age, attending with their parent or carer. Book online via QKR app from Mondays to attend on a Wednesday morning.

**Occasional Care (Piccolini):** For children aged 3-4 years of age. Book online via QKR app 24 hours ahead of each session. Days available are Tuesdays, Wednesdays, Thursdays and Fridays.

**Preschool:** For children who turn 4 years of age before 1st May. Children who turn 4 from 1st May – 31st October, can commence midyear.

## Piccolini is now available on Tuesdays





Welcome to St Joseph's Payneham, Piccolini Occasional Care - an Early Years Program for 3-4 year old children.

Two sessions per day available each week from **Tuesday to Friday.** Session 1: 9am - 12pm Session 2: 12pm - 3pm

Bookings are essential via the Qkr App and open up 24 hours prior to each session with a maximum number of 15 children per session at a cost of \$25 per session.

Our friendly Piccolini Coordinator, Celesta Seal meets and greets families in the Preschool play piazza and multipurpose areas. We look forward to seeing you!

🔇 08 8206 5100 🗊 www.stjopayn.catholic.edu.au

## Playgroup and Occasional Care Programs

Please click onto the link below for further information Playgroup Preschool

Preschool Mid-year intake

Piccolini

# OSHC

#### Please click onto the link below for further information

Out of School Hours Care (OSHC)

## Canteen

Thank you to the following Businesses for sponsoring the Sausage Sizzle this term.

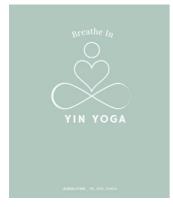
#### Sponsered by Come & Try Yin Yoga - a mindfulness-based yoga practice

Led by Yin Yoga teacher Nicole Calabro @breathe\_in\_yin\_yoga

Experience the benefits of this mindfulness-based yoga practice that focuses on cultivating awareness of the present moment by tuning into the sensations in the body using static, long-held passive poses, which aims to improve flexibility and reduce tension in the body, promoting a sense of inner calm.

I am offering a "Come and Try" special consisting of two classes for \$20, with the option to share with a friend. Classes are held every Tuesday night from 8-9 pm at Tara Hall (located behind Buddha House on Magill Rd).

To book, contact Nicole on Instagram, Messenger, or email breathein.yinyoga@gmail.com



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#### Canteen Sponsorship

Does your business need Promoting or Advertising? Do you want to get involved and support your child's Canteen? Sponsor the Canteen for just \$250 (tax deductible) By becoming a Sponsor you will receive free advertising for the

By becoming a Sponsor you will receive free advertising for the whole term in the School Newsletter and on the St Joseph's Payneham social media pages.

# Community News

East Torrens Baseball Club

Royal Life Saving SA Holiday Swim Program

# St Joseph's Catholic School Payneham Sun Protection Policy



SJP Sun Protection Policy 2024

#### 2024 School Term Dates

29 January to 12 April

29 April to 4 July

23 July to 27 September

14 October to 11 December

## Term 4 Calendar of Events 2024

Term 4 Calendar of Events 2024

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